

The Transplant Journey is an educational conference for transplant recipients, patients waiting for a transplant, caregivers, and those considering becoming a living donor.

*The conference is free and open to the public, but online registration is required.*

#### REGISTRATION DEADLINE

April 8, 2019

Register online at

[www.thetransplantjourney.com](http://www.thetransplantjourney.com)

#### LOCATION

Delta Hotels Baltimore Hunt Valley  
245 Shawan Rd, Hunt Valley, MD 21031

*Free parking on the premises*

#### ABOUT THE SPONSORS

##### The Living Legacy Foundation (LLF)

The Living Legacy Foundation (The LLF) facilitates donation and transplantation in area hospitals, provides donor family support, and educates hospitals and the general public about the life-saving power of organ, eye, and tissue donation. They are passionate about saving and enhancing lives while honoring the legacy and generosity of donors and their families.

##### TRIO Maryland (Transplant Recipients International Organization)

TRIO Maryland is a non-profit member organization working to improve quality of life for transplant candidates, recipients, and their families. Its mission is to provide support, advocacy, education, and awareness to the transplant community.

TRIO Maryland  
c/o The Living Legacy Foundation  
1730 Twin Springs Road, #200  
Halethorpe, MD 21227

*For questions please  
contact TRIO Maryland*

[triomaryland@yahoo.com](mailto:triomaryland@yahoo.com)

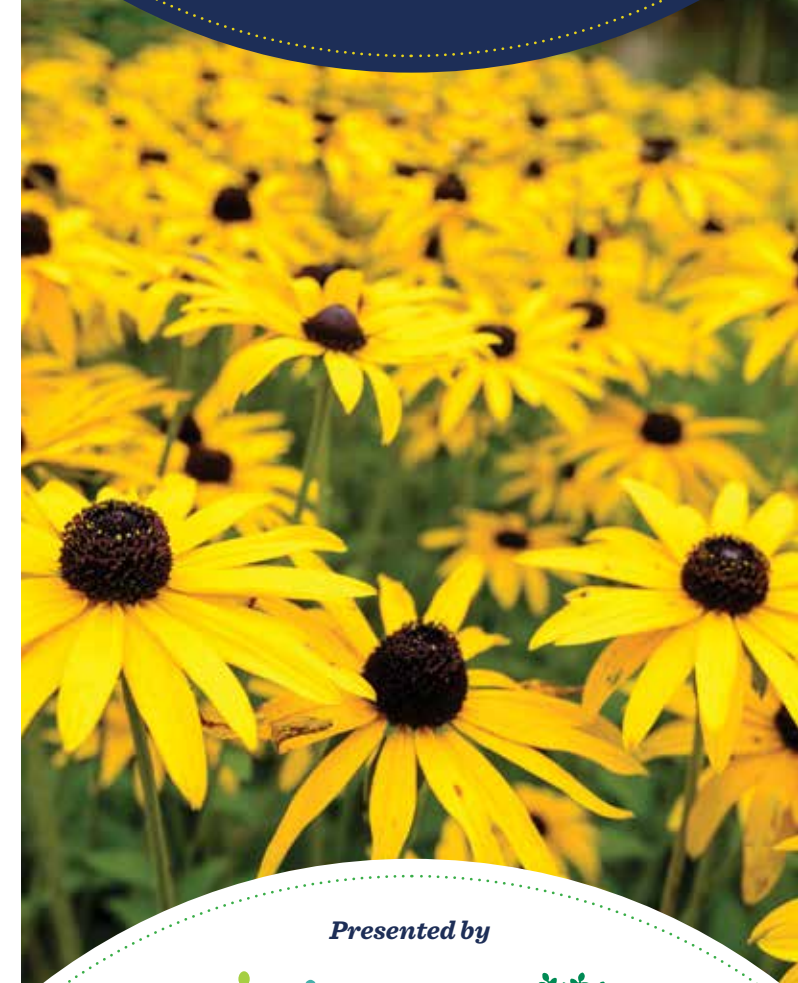
*or 410-558-0451*

# The Transplant Journey

A Free Educational Transplant Conference

**Saturday, April 13, 2019**

**8:00am - 1:00pm**



Presented by

the  
living  
legacy  
foundation  
of Maryland



TRIO  
Maryland

**8:00 am – 9:00 am**

Registration and Light Breakfast

**9:00 am – 9:15 am**

Welcome

## Breakout Sessions and Speakers

SESSION

1

**9:30 am – 10:30 am**

### Preparing for Your Kidney Transplant

- *Fizza Fatima Naqvi, MBBS, MD, Assistant Professor of Medicine (JHH)*

### Preparing for Your Liver Transplant

- *Dr. Shane Ottmann, Assistant Professor of Surgery, Director, Live Donor Kidney Transplantation (JHH)*
- *David Anthony Bruno, MD, Assistant Professor of Surgery (UMMC)*

### Preparing for Your Heart and Lung Transplant

- *Dr. Irina Timofte, Assistant Professor, Division of Pulmonary & Critical Care (UMMC)*

### Post-Transplant Medications & Side Effects

- *Jacqueline Clark, PharmD, Transplant Clinical Specialist, Department of Pharmacy (UMMC)*
- *Brian Lindner, Pharm D, BCPS PGY2, Solid Organ Transplant Pharmacy Resident (JHH)*

SESSION

2

**10:45 am – 11:45 am**

### Pre- & Post-Transplant Nutrition and Diet Recommendations

- *Chelsea Reynolds, RD, LDN, Clinical Dietitian (JHH)*
- *Christine Hare, RD CSR LDN, Kidney Smart Educator and Certified Renal Specialist, DaVita Kidney Care*

### Mental Health Resources for Recipients & Caregivers

- *Ashley Sauers, LCSW-C, Department of Social Work (JHH)*
- *Rochelle Blum, LCSW-C, Department of Social Work (JHH)*
- *Jennifer Spottiswoode, MSW, Client Services Manager, Help, Hope, Live*

### Infectious Diseases

- *Willa Cochran, MSN, CRNP, Transplant Infectious Disease (JHH)*

### Personalizing Kidney Transplant Care with AlloSure

- *Greg Quinn, Vice President of Sales and Field Operations at CareDx, Inc.*

SESSION

3

**12:00 noon – 1:00 pm**

### Cancer & Dermatology

- *Nikki D.Y. Tang, MD, FAAD, FACMS, Assistant Professor of Dermatology, Director of Cutaneous Oncology and Dermatologic Surgery (JHH)*

### Mental Health Resources for Recipients & Caregivers

- *Ashley Sauers, LCSW-C, Department of Social Work (JHH)*
- *Rochelle Blum, LCSW-C, Department of Social Work (JHH)*
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### Strategies for Safe Living Post-Transplant

- *Seema Arun Mehta, MD, MS (JHH)*

### Medical Cannabis

- *Dr. Will Gamez, Clinical Director of Peake ReLeaf*

JHH: Johns Hopkins Hospital  
LLF: The Living Legacy Foundation of Maryland  
TRIO: Transplant Recipients International Organization  
UMMC: University of Maryland Medical Center